

**KS5 – POST 16 ASDAN CURRICULUM OVERVIEW – 2023-2024**  
**Cycle 2 – Preparation for supported living and community participation**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Theme</b>	<b>All about me!</b>		<b>Shopping!</b>		<b>Changes!</b>	
<b>My Communication and Interaction</b>	S&L: In my centre Writing: Names Reading: Working with books		S&L: Going shopping Writing: Group work Reading: Signs and labels		Project	
<b>My Cognition and learning</b>	Position, Pattern, Sorting: Clothes Number: Taking part in a sports activity Measure, shape, space: Fashion Time: Weekly routine		Number: Visiting a café Handling Data: Food Survey Position, Pattern, Sorting: Supermarket Shopping		Number: Going Shopping Position, pattern baking: In the kitchen Measure, Shape, Space: Art	
<b>My health and my body</b> Relationships	Family and friends	Self- Awareness	Our bodies	Public and private	Understanding changes	
<b>My life and work</b> Work awareness	Working World		Workplaces	Health and Safety	Work Related Activities	
<b>My care and independence into adulthood:</b> Meal preparation and cooking	Health and safety Hygiene		Planning and shopping Food Storage		Convenience foods Using equipment	
	Preparing a cold drink, making a hot drink, preparing a cold snack, making a hot snack, serving and clearing away					
<b>My care and independence into adulthood:</b> Independent Living: Introduction	Cleaning Washing machine/ tumble dryer		Making Breakfast Making a hot drink		Making a packed lunch Making a main meal	
<b>Me and my community</b> Out in the community	A trip out Going out for a drink		Going to a club or recreational centre Going out to eat		Project Accessing future provisions	
<b>Duke of Edinburgh</b>	Physical – Tennis/ badminton with Re:Fresh					